Serious worries, stress and conflicts in connection with problems in everyday student life, business or private life, a personal crisis or simply unanswered questions can make everyday life difficult for both students and staff at ABK Stuttgart.

Therefore, we are dedicated to providing assistance and support whenever you need it. In order to identify possible solutions and prevent the emergence of permanent, serious problems, we offer you the opportunity to get in touch with competent professional advisers with whom you can discuss your issues in a confidential manner.

If required, you may also contact our psychological consultant or the psychotherapeutic counselling centre of the Studierendenwerk Stuttgart (student services). The consultations are always anonymous and confidential.
Student advice and support services provided by Stuttgart State Academy of Art and Design

Opendoor is aimed at students and employees who look for assistance and support with regard to personal, business and study-related problems such as:

- illnesses, disabilities, cases of hardship and compensation for disadvantages, conflicts with other academy members, conflicts with the Academy's administration, threats, sexual harassment and other violence, learning disabilities and work-related problems, coping with stress and exhaustion, fear of writing and speaking, exam anxiety, doubts about the study programme and identity crises, identity and orientation problems, relationship, partner and family problems, feelings of loneliness and contact problems, depression and anxiety, eating disorders or addiction.

The contact persons of Opendoor are obliged to treat all matters in strict confidence and anonymity. Your inquiry will be forwarded to third parties with your consent only.

We will take care of you. If you get in touch with one of our contacts and get help, we will contact you after some time to check whether your situation has improved.

The consulting services are funded by the Academy. Billing is also anonymous. For students and employees seeking advice, the Academy will bear the costs for three consulting sessions per year.

The contact persons include the Academy's confidential advisers and representatives. All contact details and services are listed on our Opendoor website at www.abk-stuttgart.de/opendoor. Your emails will be sent solely to personal email accounts and will be kept confidential. Alternatively, you can contact ABK Stuttgart's psychological consultant:

Bine Schulz
Psychological Consultant / Systemic Counselling / Mediation
+49 (172) 6947687
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